



All Board Member Requirements:

1. Adhere to the Mission of the organization:
It is our mission to strengthen families struggling with perinatal distress disorders through community education, collaboration with medical professionals, and establishing a network of peer-to-peer support.
2. Attend six of twelve monthly meetings for members at large.
3. Participate in a minimum of one committee.

General Qualifications

- Knowledge of laws pertaining to not-for-profit organizations.
- Ability to engage public in a professional manner.
- Knowledgeable on topics of maternal mental health including best practices and evidence based information in order to uphold practice standards supported by professionals in the community.
- Knowledge of and committed to the purpose and programs of the Organization.
- Ability to work in a team and, where appropriate, to delegate responsibility.